

The Importance of the Tribe

Who is in your tribe in the professional workplace? I don't mean the ones you gossip and banter with. Not the ones you are pally with in public but worry what they are doing behind your back.

I'm talking about the ones that challenge and support you to be better. The ones that celebrate your successes without jealousy and support you when things don't quite go your way.

The current workplace culture is one of presenteeism = experience, do more for less and where real human connection is seen as weakness. Having empathy is frowned upon. Ironically, the ones that say that are usually the ones that kick off when they don't receive it! Having a proper tribe can be seen as a threat to anyone who isn't part of it. Rather than something to be celebrated.

I am lucky enough to have a few tribes in my life, work and personal. In my last job, there was a group of us that all met through kismet, we just clicked. This has led to decades long friendship and we have supported and celebrated each other through promotion and success. One of us achieving "the" promotion was a celebration for everyone, lessons learned along the way were passed along and so we could all rise. In a world where the ladders are being pulled up, our ladders have spread.

Collective success should be applauded not penalised.

Who shared their ladder with you? Who are you sharing your ladder with? Are you struggling to find your tribe?

Executive coaching can help you understand how creating real supporting relationships can help you today and tomorrow.

Get in touch to find out how LoGho Executive Coaching can help you define and own your path

Own your Brand!